

Registration for Discussion Platform for Pain, Surgery and Rehabilitation Aspects of Low Back Pain, 4th Symposium

Please complete in block letters, sign and return to the address below.

Family name _____ First name _____ Title, Mr/Ms _____
 Institution _____
 Street _____ City _____ Country _____
 Telephone daytime _____ Fax _____ E-mail address _____

Discipline (pls. specify)

1. Specialist
2. Therapist
3. Assistant/trainee
4. Other

Presentation

Oral (....) Poster (....)

Hotel Reservation (pls. tick the requested room):

Accommodation, prices per room (29/04-03/05)	Diamond of Bodrum ***** All Inclusive	When staying outside Diamond of Bodrum a daily supplement of Euro 12,50 is due (excl. meals)
Single room	€ 48 ()	€ 12,50 per person per day (excl. meals) Number of days () academic program is 3 days!
Double room	€ 72 ()	
Triple room	€ 96 ()	

Number of nights: _____ Date and time of arrival: _____ Date and time of departure: _____

Airport Transfers (Euro 70 pp, to and from hotel):

Number of persons: _____
flight number, date and time of arrival and departure: _____ (for a guaranteed transfer flight number is a must)

Payments must be made in Euro, please tick the preferred payment:

Bank transfer to
 Name bank: Finansbank Bodrum Branch 481 (Şubesi)
 Account nr: 10665879 Euro
 IBAN TR470011100000000010665879
 Swift code: FNNBTRISBOD
 Account name: VitalMed Ltd. Sti.
 Reference: 4th Low Back Pain 2007
 Bank code: 111
 Please fax the bank transfer paper together with your registration form

Credit Card: MasterCard or Visa
 I authorize you to debit my Master () / Visa ()
 Card No.: _____
 expiry date/.....
 Card Validation Code (CVC), see back of the credit card; last three digits: _____

Name and address of credit card holder if different from that on registration form:
 Registration fee € (see www.vitalmedbodrum.com for fee applicable)
 Hotel / supplement €
 Turkish night (€ 50 pp) €
 Transfers (€ 70 pp) €
 Boat trip spouse (€ 40 pp) €
Total amount due €

Correspondence Address

VitalMed Bodrum

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 For questions about the contents you may also contact h.j.stam@erasmusmc.nl

Signature



Discussion Platform for Pain, Surgery and Rehabilitation Aspects of Low Back Pain, 4th Symposium April 30th – May 3rd 2007, Bodrum (Turkey)

- Target audience: colleagues of the following disciplines; physical medicine and rehabilitation, orthopaedic surgery, neurosurgery, physical-, occupational-, manual- and Menseidieck therapy. Moreover, company doctors, medical advisors of insurance companies and other health care professionals interested in the topic of low back pain
- Lecturers are specialists and international pioneers in the field of chronic low back pain;
- The official language of the symposium is English;
- There will be a possibility to present **free communications and posters**.

Certificate A certificate of attendance will be issued to all participants

Accreditation Accredited by the European Accreditation Council for Continuing Medical Education EACCME[®] with 18 points

Abstracts During the symposium, sessions will be organized where personal opinions, research and experiences on the cause and treatment of low back pain will be presented and discussed. The deadline for submission of abstracts for free oral presentations and posters is **15th April 2007**. Abstracts will be accepted by e-mail (vitalmed@vitalmedbodrum.com) as attachment in MS word-format, not exceeding half an A4 page, written in 11 points Arial font including sections such as title, authors, introduction, materials and methods, results, conclusions and relevance. Those presenting an abstract or poster are required to register.

Symposium Venue Bodrum is a well-known holiday resort at the sunny Southwest coast of Turkey. Low white buildings, a bright blue sea and green mountains are typical for the town of Bodrum, the starting point of numerous daytrips to historical places as well as places of natural beauty. The symposium will take place in the ***** Diamond of Bodrum Hotel (all inclusive), situated in the centre of Bodrum.

Registration Fees

	Before the start of the symposium	On site
Medical doctors / Therapists	Euro 400	Euro 450
Assistants/ Trainees	Euro 325	Euro 375

- For cancellation policy see our website

Social Events The registration fee includes a welcome cocktail and -dinner and a one-day boat trip on a Turkish sailing boat. There is an option for spouses to join the boat trip at € 40 per person (incl. transfer). A Turkish night at an authentic Turkish restaurant will be organised for participants and spouses allowing enjoyment of the rich Turkish cuisine and live music. Places may be reserved on the registration form at € 50 per person (incl. transfer).

How to get to Bodrum ? The symposium venue is about 45 kilometres from the international airport Milas/Bodrum. There are daily flights of Turkish Airlines (THY) and Turkish charter airlines from Istanbul to Bodrum, moreover there are direct charter flights from most international airports in Europe. Other nearby airports are Izmir and Dalaman. Transfers to and from Bodrum airport can be arranged at € 70 per person, prices for other airports are given on request.

Climate May in Bodrum is typically pleasant with temperatures from an average daytime high of 24 degrees Celsius to an overnight low of 14 degrees Celsius. Generally, there is a 95% probability of sun and 5% probability of rain.



The "Discussion Platform for Pain, Surgery and Rehabilitation Aspects of Low Back Pain" is the 4th symposium on low back pain in four years. The first three meetings were very successful and many lecturers and participants have spent a wonderful time in Bodrum. The symposium is aiming at health care professionals involved in the diagnosis and treatment of patients with chronic low back pain of various origins. Physiatrists, orthopaedic surgeons, manual medicine, rheumatologists, vocational physicians, physiotherapists, etc. contribute and participate in the symposium. Besides the multidisciplinary approach the main advantage of the meeting is that people from several countries and from several backgrounds meet and exchange ideas and opinions and return home with new enthusiasm and new inspiration. The symposium really wants to contribute to a better understanding between cultures in Europe in the widest sense, improve the level of knowledge and skills of the health care professionals, with the ultimate goal to improve the treatment of those patients that suffer from low back pain. As chairman of the 4th Low Back Pain Symposium I invite all friends from Europe to come to Bodrum and join this interesting meeting.

Prof. Henk J. Stam, MD, PhD, FRCP, PMR Specialist
President of the European Society of Physical and Rehabilitation Medicine



The Bodrum symposium on low back pain is one of the most comprehensive courses dealing with this complex problem and providing most up-to-date data on the subject. Any symposia on low back pain will not be complete if various non-surgical and surgical techniques in the management of low back pain are not covered. I want to emphasize that this meeting has been a success for years, since it has combined lecturers from many disciplines with valuable discussions on the topic.

I invite all physicians who want to learn and discuss non-surgical, surgical and alternative management of chronic low back pain.

Prof. Mehmet Zileli, M.D. Neurosurgeon
President of the Turkish Neurosurgical Society



Program

Sunday, April 29th

17:00-19:00 Registration

Monday, April 30th

08:00-09:00 Registration

09:00-09:15 Introduction

09:15-09:45 **Coffee break**

09:45-10:30 Epidemiology

10:30-11:15 International guidelines

11:15-11:30 **Coffee break**

11:30-12:30

Registration

Introduction

Coffee break

Epidemiology

International guidelines

Coffee break

Management of discogenic low back pain: Panel discussion

Moderator: Mehmet Zileli

Lunch break

New insights in the stabilization of lumbo-pelvic spine- an integrated clinical approach

Coffee break

Functional anatomy and the concept of functional spinal stability

Free presentations

12:30-14:30 **Welcome cocktail and Welcome dinner followed by a "Bodrum by night" tour**

12:30-14:30

14:30-15:15

15:15-15:30

15:30-16:15

16:15

18:00

Prof. Dr. Henk J. Stam

Prof. Dr. Bart W. Koes, The Netherlands

Prof. Dr. Bart W. Koes

Prof. Dr. Henk J. Stam, Prof. Dr. Bart W. Koes, Dr. Paul J. Kluger

Prof. Dr. Andry Vleeming, The Netherlands

Prof. Dr. Lieven A. Daneels, Belgium

Tuesday, May 1st

08:30-09:15

09:15-10:00

10:00-10:15

10:15-11:00

11:00-12:00

Rehabilitation and stabilizing exercises

Imaging of the spine

Coffee break

Hydroclimatology and balneotherapy

Management of failed back surgery syndrome: Panel discussion

Moderator: Henk Stam

Lunch break

European guidelines on pelvic girdle pain: clinical consequences

Percutaneous techniques for low back pain treatment

Coffee break

Surgery for spinal stenosis

Corsets and braces

Free presentations

20:00 **Turkish night (authentic meal with live music)**

Wednesday May 2nd

08:30-09:00

09:00-09:45

09:45-10:00

10:00-10:45

10:45-11:30

11:30-12:00

12:00-14:00

14:00-14:30

14:30-15:00

15:00-15:15

15:15-15:45

15:45-16:15

16:15

Vertebroplasty and kyphoplasty

Milestones in spondylarthropathy in the last 50 years

Coffee break

Physical examination

Physiotherapeutical approaches

Osteoporosis and low back pain

Lunch break

Drug therapy - NSAID, various analgesics and adjuvant drugs

Surgery for discogenic pain

Coffee break

Surgery for spinal deformities and spondylolisthesis

Spinal cord stimulation

Closing ceremony

Prof. Dr. Lieven A. Daneels

Dr. Wouter C.J. Huyse, Belgium

Prof. Dr. Zeki Karagülle, Turkey

Prof. Dr. Andry Vleeming, Prof. Dr. Serdar Erdine, Prof. Dr. Mehmet Zileli

Prof. Dr. Andry Vleeming

Prof. Dr. Serdar Erdine, Turkey

Dr. Patrick J. Kluger, Germany company demonstration

Prof. Dr. Mehmet Zileli

Prof. Dr. Bernard P. Amor, France

Prof. Dr. Yeşim Kirazlı, Turkey

Prof. Dr. Filiz Can, Turkey

Asc. Prof. Güneş M. Yavuzer, Turkey

Asc. Prof. Tuncay Duruöz, Turkey

Prof. Dr. Murat Hancı, Turkey

Dr. Patrick J. Kluger

Prof. Dr. Mehmet Zileli

Thursday May 3rd

10:00

Boat trip on Turkish sailing boat